

News Briefs

Education center hours

To provide BLAZE TEAM members with better service, the base education center is extending its customer service hours. Effective today, the new hours are from 8:30 a.m. to 4:15 p.m. For questions or more information, call Ext. 2562.

CTO closure

The commercial travel office will close at noon Tuesday and will not reopen until 7:30 a.m. April 7. All business should be conducted prior to this time. In case of travel emergency, call (800) 639-0689.

Daylight savings

All BLAZE TEAM members are reminded to “spring” their clocks forward one hour at 2 a.m. Sunday.

New staff cars

Commanders are now driving different staff cars. All the vehicles are a different model, no longer all blue and are instead maroon, silver, gold and black. Military personnel are encouraged to take notice of the insignia located on the front bumper license plate of each car.

Customer complaint records

Air Force Form 714, Customer Complaint Record, was rescinded March 16 and organizations should cease using this form. Columbus AFB Form 99, Customer Comment Card is available and can be over-printed with respective information. For more information, call Ext. 7300.

Inside



NEWS3

Pilots give feedback on F-16 upgrade.

COLUMBUS AFB TRAINING TIMELINE

| PHASE II | | | | PHASE III | | | | WING SORTIE BOARD | | | |
|--------------|--------------|------------------|--------------|--------------|--------------|------------------|------------|-------------------|----------|-------|--------|
| Squadron | Senior Class | Squadron Overall | Track Select | Squadron | Senior Class | Squadron Overall | Graduation | Aircraft | Required | Flown | Annual |
| 37th (06-01) | 4.26 days | 1.77 days | April 22 | 48th (05-07) | 0.66 days | 2.86 days | April 8 | T-37 | 2,479 | 2,795 | 14,259 |
| 41st (06-02) | 1.85 days | 1.48 days | May 17 | 50th (05-07) | 2.71 days | -0.83 days | April 8 | T-38C | 1,361 | 1,348 | 7,380 |
| | | | | | | | | T-1A | 1,233 | 1,309 | 6,600 |

Graduation speaker: Lt. Gen. Walter Buchanan III, 9th Air Force and U.S. Central Command Air Forces commander

Accomplished Airmen



Courtesy photo

The 14th Flying Training Wing congratulates the most recent Airman Leadership School graduates. Pictured are: (front row) Senior Airmen Corey Langford, 14th Operations Support Squadron; Shawna Ortiz, 14th Medical Support Squadron; Christopher McClendon, 14th Security Forces Squadron; Barbara Coats, 14th Services Division; Derek Levesque, 14th Civil Engineer Squadron; Tech. Sgt. Gary Webb, ALS instructor (second row) Cordell Weeks, 14th CS; Willis Griffith, 14th MDSS; Michael Anderson, 50th Flying Training Squadron; Aric Bramlett, 14th CS; Steven Camillieri, 14th OSS; Jennifer Simmons, 14th SFS; (back row) Mark Thompson, 14th OSS; Lawrence Pitts, 14th SVS; Jonathan Glass, 14th CS; and Ronald Hale, 14th CS.

AFPC changes affect EQUAL Plus volunteers

In order to improve efficiency and customer service, the Air Force Personnel Center has implemented changes to the volunteer process for the EQUAL Plus program.

Effective immediately, personnel who would like to apply for an EQUAL Plus advertisement must update their volunteer status through the Assignment Management System Web page.

All servicemembers must volunteer by updating the six-

digit advertisement button on AMS. Volunteering by any other means will continue to be considered, but only as documented exceptions due to technical difficulties with AMS.

Servicemembers will continue to use MILPDS to update assignment preferences for CONUS and overseas locations as well as for voluntary assignment programs like base of preference.

These changes will assist Air Force members with a smooth transition to the next generation of personnel applications of the Virtual Military Personnel Flight and Air Force Portal. For more information, call the MPF at Ext. 2647. (Courtesy of the 14th Mission Support Squadron)

STAR BLAZERS

The 14th Flying Training Wing congratulates Airmen Avendano, Baughman and Smith on receiving senior airman below the zone this quarter.



Airman 1st Class Manuel Avendano
14th Flying Training Wing



Airman 1st Class Thomas Baughman
14th Operations Support Squadron



Airman 1st Class Anthony Smith
14th Flying Training Wing

SILVER WINGS

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Submission Deadline

The deadline for submitting copy for next week's SILVER WINGS is noon Monday. Articles may be dropped off at the public affairs office or e-mailed.

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Submit all advertising to the Columbus, Miss., Commercial Dispatch advertising department one week prior to desired publication date. The advertising department can be reached at (662) 328-2427.

Fighter pilots provide feedback on F-16 upgrade

Susan Ferns
Aeronautical Systems Center

WRIGHT-PATTERSON AFB, Ohio — F-16 Fighting Falcon pilots from Shaw AFB, S.C., were here recently to give feedback to members of the F-16 Systems Group on upgrades made to the aircraft.

Lt. Col. John Montgomery, 55th Fighter Squadron commander, and Capt. Jim Govin, a 55th FS pilot, flew two of the newly modified F-16s here.

The 55th FS is the first continental U.S. squadron to receive the aircraft with the Common Configuration Implementation Program upgrade.

The pilots spent an afternoon with group officials, briefing them on integrating the modifications into the flying unit and answering questions about the modified planes’ performance.

The modification involves installing a new avionics suite, which improves survivability and lethality, said Lt. Col. George Barber, chief of modernization.

The upgrade consists of five major components that

provide advanced capabilities to the aircraft.

- A new mission computer for increased processor power.
- Color displays to communicate more information efficiently, giving pilots increased situational awareness of the battle space.
- An air-to-air interrogator to allow F-16 pilots to communicate with other aircraft that appear on its radar.
- An Internet-like system to enhance communication with coalition aircraft.
- A helmet system that displays information on the pilot’s visor and permits the pilot to lock on targets just by looking at them.

“This is a complicated upgrade, with a high modification rate, and we are doing it in coordination with the (air and space expeditionary force) rotation cycle to avoid any disruption of the Air Force mission,” Colonel Barber said.

The modification program is designed to upgrade about 650 Air Force and the Air National Guard F-16s through 2010, costing more than \$2 billion.



Susan Ferns
A newly modified F-16 Fighting Falcon sits on display at Wright-Patterson AFB, Ohio, for Aeronautical Systems Center's F-16 Systems Group members and their families.

TDY accrual payment procedures clarified

As a military member or Department of Defense civilian, traveling is an inherent part of duty; and along with traveling, there are expenses. This article is to assist the traveler and to help them to better understand traveling payment options.

If a person’s temporary duty assignment is longer than 45 days, there will be charges to the Government Travel Card that will be due before the person’s return.

People are entitled to receive payment for accrued travel entitlements after the 30th day of travel to cover airfare, per diem, car rental, ATM fees or any other authorized charge expensed to the Bank of America GTC.

To aid travelers in meeting their financial obligations, the 14th Comptroller Squadron would like to ensure that they receive regular payments to support their monthly GTC

bill. For non-GTC holders, unit commanders may authorize an advance to cover the expenses expected to be incurred during the first 30 days.

Travelers can use any of the following options when filing travel accrual vouchers:

- * Visit the base financial services office to establish accrual payment procedures prior to departure
- * Request accruals through the virtual military personnel flight on the Air Force Personnel Center Web site
- * Fax accrual vouchers to the financial services office at Ext. 2700 or DSN 742-2700
- * E-mail accrual vouchers to the financial services office at CAFBAFA.FO@columbus.af.mil

If a people prefer to take copies of the travel accrual voucher with them prior to departing for temporary duty, copies of the voucher can be found in the

EFFORT

(Continued from Page 1)

Calling the effort against terror a “war” does not capture the whole picture. Calling it a war leads people to believe that the military is the executive agent of choice. But in fact, he said, all aspects of national power must be used.

“Security is so much more than the military dimension,” General Myers said. “It’s so much more than people in uniform. It’s good government, it’s the rule of law, it’s an infrastructure that is developed enough to support economic growth, and it’s communications. All these have to occur simultaneously,” he said.

The chairman said the U.S. armed forces were first required to work together through the Goldwater-Nichols Act of 1986.

“Now we work together very well,” he said. “The trick is going to be working as closely with the other agencies in the government, as well as allied governments (and) nongovernmental agencies.

“The U.S. military can’t win this war alone,” General Myers added. “It’s impossible.”

14TH FLYING TRAINING WING DEPLOYED

As of press time, **21 BLAZE TEAM** members are deployed worldwide.

Remember to support the troops and their families while they are away.



Holocaust Remembrance Month

In 1980, Congress passed Public Law 96-388, mandating the United States Holocaust Memorial Council to educate Americans about the history of the Holocaust and to annually commemorate its victims during National Holocaust Remembrance Month. April 19 is designated as a day of remembrance for victims of the Holocaust.

The Holocaust Remembrance Project sponsors an essay contest for high school students. Contest participants should study the Holocaust and then, in an essay of no more than 1,200 words, analyze why it is so vital that the remembrance, history and lessons of the Holocaust be passed to a new generation; or suggest what they, as students, can do to combat and prevent prejudice, discrimination and violence in our world today.

The entry deadline is April 15. Scholarships and other prizes will be awarded to students in first, second and third place categories. First Place winners will receive an all-expense paid trip to Washington, D.C., to visit the U.S. Holocaust Memorial Museum and other historic sites. First-place winners will also be awarded scholarships of up to \$5,000. For more information, visit <http://holocaust.hklaw.com>.

Military pay, allowances recognize troops’ contributions

Gerry Gilmore
American Forces Press Service

WASHINGTON — Since the Sept. 11 attacks, Defense Department leaders and U.S. legislators “have worked together to increase servicemembers’ basic pay by more than 21 percent,” a senior DOD official told House Armed Services Committee members March 16.

DOD officials remain “committed to taking care of servicemembers and their families through appropriate compensation while members are deployed and serving their country in dangerous locations around the world,” said Charles Abell, principal deputy undersecretary of defense for personnel and readiness,

before the military personnel subcommittee.

U.S. troops are slated for a 3.1 percent across-the-board pay raise this coming year, Mr. Abell said. Additionally, he said the department has met its goal of eliminating troops’ average out-of-pocket housing costs by 2005. In fact, he said military housing allowances are 41 percent greater than they were in 2001.

Troops serving in dangerous overseas locations receive various types of tax relief, depending upon rank and income, as well as additional compensation in view of their contributions in fighting and sustaining America’s fight against terrorism, Mr. Abell said.

For example, eligible enlisted troops

deployed to combat zones have their military pay exempted from federal income tax, he said. Besides their regular pay, these troops also receive \$225 monthly in danger pay and a \$250 monthly family separation allowance.

Mr. Abell said that troops deployed to overseas combat zones also receive hardship duty pay of \$100 a month and a \$105 monthly incidental expense allowance.

An accumulation of such added compensation typically amounts to more than \$700 a month for married servicemembers and more than \$500 for the typical single troop during deployment, he said.

“These pays and allowances acknowledge the hardship and danger involved at these deployment locations, as well as the


sacrifice associated with tours away from family,” Mr. Abell said.

He said that troops who volunteer to extend their overseas tours of duty in combat zones like Afghanistan and Iraq also can receive an additional \$1,000 monthly in assignment incentive pay.

DOD officials also want to work with Congress, Mr. Abell said, to increase servicemembers’ hardship duty pay. And the department is seeking to keep its special operations troops in uniform through an array of incentive packages, he said.

For example, Mr. Abell said officials “are offering bonuses of up to \$150,000 for highly skilled senior noncommissioned officers to serve an additional six years.”

Making the grade



Courtesy photo

The 14th Flying Training Wing congratulates the April enlisted promotees. Pictured are: (front row) to airman first class: Ronald Watt, 41st Flying Training Squadron; to senior airman: Manuel Avendano, 14th Flying Training Wing; Michael Buckner, 14th Civil Engineer Squadron; Christopher Cirone, 14th CES; (back row) to senior airman: Chad James, 14th CES; to technical sergeant: Sean Stough, 14th Security Forces Squadron; to master sergeant: Lisa Atkinson, 14th Flying Training Wing; and David Hicks, 14th Mission Support Squadron. Not pictured are: to airman first class: Montrail White, 14th Comptroller Squadron; to senior airman: John Rushworth, 14th Operations Support Squadron; to staff sergeant: Charles Caskey, 332nd Recruiting Squadron; and to master sergeant: Daniel Pittman, 14th OSS.

Career Assistance Advisor Tip of the Week

When can I be considered for senior airman below-the-zone?

Senior airman below-the-zone is a one-time promotion consideration available for airmen first class six months prior to the date they are eligible to sew on senior airman.

For more information, call Master Sgt. Shelli Fisher at Ext. 7004.

How do I know if I need a living will?

Capt. Deric Prescott
14th Flying Training Wing

The recent legal and legislative battles over the fate of Terry Schiavo force us to ask ourselves some tough questions. What would you want if you were her? Does your family know? Who would decide? What can you do to make your wishes known — and more importantly — enforced?

Generally, as long as you are fully conscious and competent — the legal term for having capacity to make your own decisions — then you can always speak directly for yourself.

By law, your doctors and nurses must listen to you. You can oversee your own medical treatment and make your own decisions simply by declaring your wishes in person. However, if you are deemed to be incompetent, you will likely lose the opportunity to make your own treatment decisions.

Contact the base legal office to meet with a legal assistance attorney who can help answer these questions and draft the documents you need to reflect your choices on the removal or extension of life support. You will need to complete a questionnaire prior to meeting with an attorney so that you are aware of all the options that are available to you.

A living will is not part of your last will and testament at all. It is a separate document, also known as an advance medical directive or declaration. This document states that if you are diagnosed with a terminal, incurable condition, you authorize physicians to remove life support.

The conditions that trigger the living will and the extent of the medical care to be withdrawn vary significantly from state to state. A medical power of attorney may also authorize a person you designate to direct the course of your medical care, and this may include some termination of life support decisions as well.

A legal assistance attorney can answer your questions regarding both a living will and a durable power of attorney for health care as well as prepare these crucial documents for you at no charge. For more information, call the base legal office at Ext. 7030.

Make risk decisions at appropriate levels

Maj. Mark Douglas
14th Flying Training Wing



As the wing prepares for the upcoming Operational Readiness Inspection, we will all have to sit through additional briefings or complete computer-based training to ensure our paperwork is completely straight for the inspectors. One of the briefings or computer training items we will have to complete is for operational risk management, or ORM.

As the newly appointed wing ORM advisor, I recently had to accomplish multiple levels of training and even attend a week-long ORM school. I can tell you — the material can be a little dry. Added to that, you're probably going to have the same initial reaction I had — We do this stuff every day!

What I ask you to do when you receive this training is to look at your off-duty time as well as your work station to make sure this statement is true. In the numer-

ous accident reports that come across my desk, common sense is not always a common attribute.

Here at Columbus AFB, we have an incredible group of military, government service and contract employees who are doing a fantastic job at making good decisions every day. And don't worry, I'm not going to review the

entire ORM process in this article; but there is one aspect I'd like to touch on that is especially relevant to our BLAZE TEAM or any other group focused on getting the job done.

There are four key ORM principles, but I want to concentrate on one in particular — make risk decisions at the appropriate level.

As we go about our day-to-day tasks, each of us works under various levels of guidance such as policy letters, regulations, technical orders, or other operating procedures that dictate how and when we accomplish various tasks. That guidance

sets boundaries for how and under what circumstances we can accomplish our jobs.

Unless we have some type of authorization to deviate from that guidance, such as a waiver, we are expected to comply with it. This is where things get sticky.

That guidance doesn't cover all situations. There will always be times when following the rules will cause us to fall behind in our work or even make us unable to complete our assigned tasks.

The temptation will be to disregard the guidance to assure the mission gets completed on time. It may even follow a thorough ORM assessment which concludes the benefits outweigh the risks. You may be sure your boss would say "okay" if he were just here to make the decision.

Don't do it.

Even the correct decision made by the wrong person can have serious consequences. Unless you have the authority to waive requirements, the only right thing to do is to push the decision up — with justification — to the person with the authority to make it.

Only true professionals have the discipline not to take those shortcuts we often see. However, when someone takes those shortcuts, they are placing themselves and their bosses in an indefensible position should something go wrong.

Even if nothing goes wrong, you have still made your supervisor ineffective because that person is responsible for ensuring compliance with standards. Don't forget, we will have a lot of people around here in about a month and a half looking for that compliance.

All is not lost, however. Simply pushing that decision up to the right level will make everything right again. An added benefit occurs when the original guidance is rewritten based on experience to take into account these unforeseen situations.

Unfortunately, going back to the boss to say you need a waiver to complete a task isn't always the obvious or easy thing to do. We all want to go out and get the job done. If you find yourself in a compromising position, remember one of the fundamental principles of ORM — make risk decisions at the appropriate level.

Child abuse prevention calls for entire community's efforts

Cynthia Duffey
14th Medical Operations Squadron



Child abuse prevention requires the efforts of an entire community. In order for the community to work toward prevention, each person has to understand that they play a vital role in the prevention of child abuse.

Neighbors, friends and co-workers are instrumental in supporting families as well as intervening when they suspect a child is being abused.

Anyone can help by supporting the children and parents in their community. This can be as simple as offering to babysit so parents can have a break or being supportive of parents who are under stress by listening to them when they are expressing their feelings about the stressors in which they are involved.

As anyone who has been involved with the military for very long will attest to, many military families have limited support from extended family members. This limited support can result in even a greater need

for support from those in the community. As members of the military community, it behooves us to be aware of the additional stressors, such as frequent moves and deployment of family members, and show support for our fellow military families.

Such support not only helps to reduce the stress of these families, but it also helps to reduce the potential for such stress to become overwhelming and lead to unfortunate consequences.

Though these possible "unfortunate consequences" are many, one unfortunate and very serious potential consequence of overwhelming stress is taking that stress out on children. Being aware of the stressors that our fellow military families are under as well as supporting these families in dealing with this stress can reduce the potential for such negative consequences.

Taking the time to become educated about the warning signs of child abuse can also play an important role in its prevention. By detecting child abuse early, intervention can prevent serious injury and decrease the long-term effects of child abuse.

Some warning signs to keep in mind are: frequent or unexplained injuries, low self esteem, withdrawing, aggression toward adults or other children, poor

hygiene and dramatic changes in personality. When child abuse is suspected, it must be reported. If you suspect child abuse, please call the child abuse hotline at (800) 222-8000 or call family advocacy at Ext. 2197.

Parents should ask for help when needed and take advantage of programs offered on base and in the community. Currently, the family support center sponsors programs such as Give Parents a Break, Bundles of Joy, Stress Management and Women, Infants and Children. Beginning in June, family advocacy will sponsor a three-week parenting education group.

Such programs help parents learn to recognize their own limits when dealing with children and develop coping skills to deal with the stress of parental demands. In addition to these programs, materials about children, parenting and coping with stress are also available for parents.

Everyone benefits when a community works together to prevent child abuse. There will be positive results at school, work, and home. The end result will mean happier, safer and less-stressed families.

(Editor's note: April is National Child Abuse Prevention Month. For more information about preventative programs and helping agencies, call the family support center at Ext. 2790 or family advocacy at Ext. 2197.)

Military dogs dig into security

Staff Sgt. Russell Wicke
51st Fighter Wing

OSAN AB, South Korea — Not all Air Force equipment has engines, wings or even operating instructions. One unit here is responsible for equipment that has a mouth packed with sharp teeth and a hide of fur.

"Osan has the largest operational dog kennel in the Air Force," said Tech. Sgt. Jerry Woodard, 51st Security Forces Squadron kennel master. "We have 23 dogs."

Sergeant Woodard said by the time the dogs are fully trained and working at Osan, they each are worth \$30,000.

"Although the Air Force gives them each a stock number and considers them equipment, the dogs are partners to us," he said.

The dogs are trained to detect different types of contraband — and to bite and hold. The handlers here said the dogs are good at what they do.

"Unlike equipment, these dogs will learn to adjust to a specific person and situation," said Staff Sgt. Ryan Walker, 51st SFS military working dog handler. "The more time you spend with the dog, the better (it will) perform for you."

Other handlers said the job comes with advan-

tages not found anywhere else in the Air Force.

"The dogs don't talk back," said Staff Sgt. Kieth Kitchin, 51st SFS training supervisor. "And they don't judge me."

Sergeant Woodard said it requires complete commitment to be a successful handler, and many handlers here claim their dog is the best.

"And that's the way it should be if people take pride in what they do," said Sergeant Woodard. "A lot of work goes into these dogs. Our schools teach us to practice patience and knowledge."

Just like with any other job, some days are good, and on other days, motivation is hard to find.

"Like people, these dogs have personality," said Sergeant Woodard. "They look up to their trainer, and the dog's mood will reflect the trainer. Everything flows down leash."

The diverse personalities of certain dogs require different training methods, Sergeant Walker said.

"We actually had to enroll (a) dog into TriCare so the veterinarian could prescribe him Ritalin," said Sergeant Woodard. "He's a great dog who does his job well, but just has anxiety issues."

According to the handlers, no matter what end of the leash you are on, everyone works together to support the mission.



Photos by Staff Sgt. Russell Wicke

Staff Sgt. Keith Kitchin, 51st Security Forces Squadron, is taken down by his dog, Elsa, during a criminal chase exercise at Osan AB, South Korea. Sergeant Kitchin is wearing a special jacket designed to keep him from being harmed by the dog's bite. The dogs are highly trained to obey specific commands and for multiple tasks. The dogs are trained to bite and hold because it mitigates injuries to the victim.



Top: Staff Sgt. Ryan Walker, 51st Security Forces Squadron, searches a vehicle for contraband with his partner Ffischer. Left: Staff Sgt. Corby Czajka, military working dog handler with the 51st SFS, holds back his eager partner, Betty, before engaging in a criminal chase exercise. The military working dog kennel at Osan AB, South Korea, is the largest operational kennel in the Air Force.

Straight Talk Line

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB better. The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names are kept confidential. Written questions may be dropped off at the public affairs office in the wing headquarters building, Bldg. 724. People can also access the Straight Talk program through the Blazeweb at <https://columbusweb> and the main Web site at www.columbus.af.mil. Questions and answers will be edited for brevity.

Daylight savings provides time for golf passion

Pam Wickham
14th Services Division

Daylight savings time Sunday will mean nothing more than a lost hour of sleep for most people. But for golfers, it means more daylight hours for their passion!

"With the time change and the warmer weather, the course is bound to get busy," said Ricky Magers, Whispering Pines Golf Course Professional Golf Association pro. "And by the end of the month, our golfers will be able to hit from our newly renovated tee boxes."

Fourteen of the 15 tee boxes were recently stripped, laser-leveled and resodded.

"This was a much needed project to improve play on the course," Mr. Magers said.

The golf course will begin a busy month when the intramural golf season begins April 11.

Annual advanced greens fees program renewals are due today. Club members will receive a discount on their advanced greens

fees as well as daily greens fees.

"For those folks that golf at least twice a week, the advanced greens fee program is the best deal in town, especially if you are a club member," Mr. Magers said. "Advanced greens fees holders are also automatically added into the handicap system."

An adult Golf 101 program for people who have never played golf before starts April 18 for \$20 per person. For two weeks, students will meet from 5 to 6 p.m. Monday, Wednesday and Friday, and will learn all the fundamentals of the game such as golf etiquette, irons, woods, pitching and putting. Two youth golf clinics will also be held during the summer months.

Thursday afternoon golf scrambles will kick into gear starting April 14. Golfers will be grouped according to their playing abilities for this weekly event. Entry is \$5 plus greens fees. The nine-hole scramble will start at 4:45 p.m. Thursdays and participants must register by 4 p.m. For more information about the golf programs, call Ext. 7932.



Robert Smith of Shur-line Turf levels women's tee box #4.

Pam Wickham

Variety of recreational opportunities available

Monte Carlo night: The Columbus Club offers an all-ranks, members-only Monte Carlo night from 7 to 10 p.m. today. Games will run from 7 to 10 p.m, a disc jockey will entertain from 9 p.m. to midnight and a blind auction will start at 10 p.m. Members will have the chance to bid on prizes with their winnings. Cost is \$10 for \$300 in play money and for \$10, members may re-buy for an additional \$300. Blind auction prizes include a portable DVD player, camera, grill, coolers, and assorted gift certificates. For more information, call Ext. 2490.

Reduced lunch buffet prices: The Columbus Club offers a different buffet Tuesday through Thursday. Cost is now \$5.95 for club members and \$7.95 for non-members. Tuesday features Mexican cuisine, Wednesday is country-style cooking, Thursday has an Italian flare and Fridays offer a tri-continental selection of German, Asian and New England seafood. This week's introductory rate of \$4.95 per person is offered to all civilian employees. All officers will receive this special introductory rate April 12 to April 15. Call Ext. 2490.

Instructors needed: The youth center seeks summer camp instructors for tennis, baton and cheerleading. For more information, call Estrella Casanova at Ext. 2504.

Friends of Freedom Park: The annual refurbishing of Freedom Park will be April 13 and April 14 starting at 8 a.m. both days. Volunteers are needed to help add mulch, paint and seal the structure and clean up the area. Food and beverages will be provided. Volunteers can sign up at outdoor recreation or call Ext. 7861.

National Library Week essay contest: The base library sponsors an essay contest April 10 through April 14 for three age groups: ages 8 to 12, 13 to 17 and 18 and older. The contest theme is "Something for Everyone at Your Library: The Best Thing Your Library Offers." Participants must register at the library by Monday. Entries must be typed or printed on lineless paper and be more than 50 words, but less than 200 words. The entry deadline is April 12. Call Ext. 2934.

Home decor classes: People can make a bamboo inlaid coffee table for \$25 April 14 and a bamboo inlaid end table for \$20 April 28. Cost includes all supplies. Class times are 10:30 a.m. or 6:30 p.m. Call Ext. 7836.

Stampin' Up camp: People can create five stamping projects with all supplies included at this camp from 9 to 11 a.m. or 7 to 9 p.m. April 14 or from 1 to 3 p.m. April 23. Cost is

\$15 per person with a \$5 discount for new students. To register, call 434-5076.

Give parents a break: The youth and child development centers offer this program from 9 a.m. to 3 p.m. April 16. Deadline to register is April 13 at each center.

Month of the Military Child family fun night: The Columbus Club celebrates the Month of the Military Child with a family fun night event from 5 to 8 p.m. April 14. Call Ext. 2490.

Children's Tea Party: A tea party for mothers and their children is at 10:30 a.m. April 30 at the community center. Participants must register by April 18. Cost is \$12 for one mother and child pair and \$5 for each additional guest. For reservations, call 243-1428 or 574-7689.

Scrapbooking workshop: Enjoy a complete day of scrapbooking from 9 a.m. to 4 p.m. at the community center on National Scrapbook Day April 23. The event is open to all levels of scrapbookers. Cost is \$20 for the entire day, \$10 for four hours and the lunch fee is \$5. Registration is required by April 19. Call Lynn Bridges at 434-6935.

Youth center trips: A variety of trips are available for youth during April. Ages 6 to 12 can visit the Children's Museum in Memphis, Tenn., April 9. Cost is \$10 for members and \$15 for nonmembers.

Youth can make crafts at Lowe's from 9 a.m. to 12:30 p.m. April 16. Cost is \$10 for members and \$15 for nonmembers.

Teens can shop or go to a movie in Meridian, Miss., from 10 a.m. to 6 p.m. April 23. Cost is \$5 for members and \$8 for non-members.

All participants must register at the youth center. Call Ext. 2504.

Beale Street Music Festival: The information, ticket and travel office offers a trip to this festival April 30 to May 1 in Memphis, Tenn. The festival features rock, gospel, rhythm and blues and alternative-bands. Cost is \$135 per person and includes transportation, and two nights lodging (double occupancy). Tickets to the music festival are sold separately. A \$50 deposit is required. Call Ext. 7861.

Earn extra money selling ice cream: The 14th Services Division is looking for someone interested in selling ice cream and popsicles throughout the base housing areas during the summer months. Call Ext. 2405.

Movies

Today
"Hitch"
(PG-13, language and some strong sexual references, 115 min.)
Starring: Will Smith and Eva Mendes.

Saturday
"Because of Winn-Dixie"
(PG, thematic elements and brief mild language, 106 min.)
Starring: Jeff Daniels and Cicely Tyson.

All movies are shown at 7 p.m. at the base theater, unless otherwise noted. For more information, visit www.cafb.grapevine.com.

Family Support Center

(Editor's note: *All activities are offered at the family support center unless otherwise specified. For more information about any of the activities listed, call Ext. 2790.*)

Local employment

A workshop on employment opportunities with local employers, the 14th Services Division and government applications is from 1 to 2 p.m. Wednesday. Resumes and job applications will also be discussed.

Job skills identification

Participants will learn how to identify job skills at this workshop from 9 to 10 a.m. Wednesday.

Summer ideas

People can gather ideas for summer vacation plans at home or on a trip during this workshop at 11 a.m. Thursday.

Smooth move

Relocating families can learn valuable information about moving during this workshop from 10 a.m. to noon April 12. Registration is required by April 11.

Time management

A workshop on effective time management is from 9 a.m. to noon April 13. Participants will learn how to set realistic goals and prioritize, and receive communication tips on how to reduce confusion and become better organized. Registration is required by April 11.

Base Notes

COSC social

The spouses of the 14th Mission

Support Group host a Columbus Officers' Spouses' Club social at 6:30 p.m. April 12 at the Columbus Club. Scholarships for the 2004-2005 school year will be awarded. The menu is prime rib. Cost is \$13.25 per person and club members receive a \$2 discount. New members are welcome. For reservations, call 434-8915 by noon Thursday.

Student spouse group

New and casual status student spouses are invited to join the Columbus Officers' Spouses' Club Student Spouse Group. The group provides spouses with the opportunity to build friendships and resources. For more information, contact Veronica Lestina at (319) 931-0980 or veronick-ins@hotmail.com.

Thrift Shop

The Thrift Shop, located at Building 345, C Street, is open from 3 to 6 p.m. Tuesdays and from 9 a.m. to 1 p.m. Thursdays. Consignments are accepted until one hour before closing. Volunteers are always welcome. For more information, call Ext. 2954.

Air National Guard

Servicemembers separating from the Air Force have the opportunity to become a member of Team Barnes. Those who have completed an Air Force enlistment and do not have a military service obligation may qualify for a \$15,000 enlistment bonus in the Massachusetts Air National Guard. To learn more about this incentive and other benefits, call (800) 247-9151 or DSN 698-1567, or e-mail recruiting@mabarn.ang.af.mil.

Case lot sale

The commissary sponsors a case lot sale from 10 a.m. to 5 p.m. May 6 and from 9 a.m. to 5 p.m. May 7. For more information, call Ext. 7109.

Chapel Schedule

Catholic

Sunday:
9:15 a.m. — Mass
10:45 a.m. — CCD at Bldg. 1052*
5 p.m. — Confessions
5:30 p.m. — SUPT Mass

Protestant

Sunday:
9 a.m. — Sunday school at Bldg. 1052*
10:30 a.m. — Contemporary worship service at the community center
10:45 — Traditional worship

Tuesday:

11:30 a.m. — Lunch and Bible study

Wednesday:

6 p.m. — Bible study, Pioneer Clubs, teen

ministries at Bldg. 1052

For information about other services, call the base chapel at Ext. 2500.

*The chapel annex is currently being renovated. All religious education activities are temporarily located in Building 1052.

Jewish Passover

The Jewish Passover begins at sundown April 23 and concludes May 1. For more information, call the chapel at Ext. 2500.

Ay, ay, Captain



Airman 1st Class Cecilia Rodriguez

Capt. Shannon Smith, 14th Security Forces Squadron commander, speaks to participants of the Company Grade Officer Professional Development Program about the importance of effective leadership March 24 at the Columbus Club. The workshop, formerly named the Lieutenant Professional Development Program, was recently modified to accommodate captains as well.

Spring Pilgrimage: The Columbus, Miss., Spring Pilgrimage 2005 runs now through April 10. This award-winning tradition features daily antebellum home tours with guides in period costume and historic carriage rides.

Groups with 20 or more people must make reservations with the Columbus Historic Foundation. For a free brochure or for more information, call (800) 920-3533 or e-mail chf@historic-columbus.org.

Tales from the Crypt: Costumed guides will lead narrated tours of Columbus' historic Friendship Cemetery now through April 10.

The cemetery is the site of the first Memorial Day observance in April 1866. Admission is \$2 per person for non-students and \$1 per person for students. Tours begin at 7:00 p.m. and gates close to new tour arrivals at 9:30 p.m.

A production of the Mississippi School for Mathematics and Science, Tales from the Crypt is a candlelight cemetery tour which includes original dramatic vignettes researched and performed by students at

Mississippi's residential school for gifted high school students. The event is held in conjunction with the annual Spring Pilgrimage. For more information, call the Columbus Historic Foundation at 329-3533.

Dogwood Festival: The city of Aliceville, Ala., celebrates the spring season with its annual Dogwood Festival Wednesday through April 9. The event will feature southern food, arts and crafts, entertainment and more. Activities will culminate downtown at 9 a.m. April 9 with music by southern blues legend Willie King and the Liberators and the '60s cover band Slo-Gin. For more information, call the Aliceville Area Chamber of Commerce at (205) 373-2820.

Trash to Treasures: A Trash to Treasures flea market is from 8 to 4 p.m. April 9 at the Columbus Fair Grounds. Antiques, collectibles, arts and crafts will be for sale. Vendors are wanted. For more information, call 328-5147 or 328-8783.

Furry 5K and one-mile fun run: The Mississippi

State University Chapter of the Oktibbeha County Humane Society sponsors a 5K race and one-mile fun run at the Thad Cochran Research Park April 9. The park is located on Highway 82 in Starkville, Miss.

Registration and sign-in starts at 7 a.m. The 5K race begins at 8 a.m. and the one-mile run begins at 8:30 a.m. Prizes will be awarded for first, second and third place winners in both events. All participants are eligible to receive a variety of raffle prizes.

Entry fee is \$15 per person and participants are encouraged to bring their dogs. People who pre-register by Thursday will receive a free t-shirt. All proceeds will benefit the building of the new Starkville Animal Shelter. For more information or to obtain an entry form, visit www.msstate.edu/org/humane or call Allison at (662) 312-9233.

Great American Clean-Up: Volunteers are needed April 15 to help clean Caldedonia, Miss. For more information or to sign up, call (662) 272-5671.

For more event listings, visit www.columbus-ms.org.

BARGAIN LINE

Bargain Line advertisement

The Bargain Line is free for all military members (including guard and reserve members), DOD civilians, military retirees, family members and contract employees.

Bargain Line advertisements must be turned in to the Silver Wings office in the 14th Flying Training Wing headquarters building by noon Monday to be included in the following week's issue. Late ads will be held over for the next issue.

Reruns must be phoned in to the Silver Wings office, 434-7068, by noon Monday for inclusion in the next week's issue. Please do not re-submit ads for rerun on this form. Advertisements should contain a home phone number, home address or both. Duty phone numbers will not appear in the ads.

Advertisements for private businesses or services providing a continuous source of income, such as baby-sitting or rental property, may not appear in the Bargain Line. They may, however, be purchased through the Silver Wings publisher, 328-2424. Please fill out this form completely. The Silver Wings staff reserves the right to edit ads as necessary.

Type of advertisement (circle one) Home Transportation Miscellaneous Yard sales Pets

Print advertisement _____

Name _____

Home Telephone # _____ Duty Telephone # _____
(in case we need more information)

Please let us know what you think of the Silver Wings:

Are you happy with the Silver Wings? Yes ☐ No ☐

What would you like to see more of in the newspaper? News ☐ Sports ☐ Photos ☐ Other _____

If you would like to give any other suggestions, please e-mail us at silverwings@columbus.af.mil.

Shorts

Golf Tourney

This tournament is April 9 and April 10 at the Whispering Pines Golf Course. A valid handicap is required and tour players must be selected before 9 a.m. April 9. Entry is \$10 plus greens fees. Call Ext. 7932.

Fun run

A fun run in Recognition of Holocaust Remembrance Day begins at 7 a.m. April 15 in front of the fitness and sports center. Participants have the option of walking 1.5 miles or running a 3K course. Call Ext. 2772.

Adult Golf 101

Adults who have never played golf are invited to participate in this two-week course from 5 to 6 p.m. Monday, Wednesday and Friday beginning April 18 at Whispering Pines Golf Course. Cost is \$20 per person. Call Ext. 7932.

Health officials recommend changes to fitness program

WASHINGTON — Air Force health officials recommended seven changes to the fitness program during the program's first annual review.

This first annual assessment consists of reviews by three panels: functional, external and leadership, said Lt. Col. Sherry Sasser, chief of health promotions for the Air Force surgeon general. Air Force officials conducted the functional review while experts from outside agencies and universities gave their opinion in an external review.

The leadership review will begin in late April. Commanders and senior enlisted leaders will be randomly selected via e-mail to take a Web-based survey. The survey data will be compiled and forwarded to Air Force Chief of Staff Gen. John P. Jumper.

One consistent aspect of the program, however, is that Airmen worldwide are

embracing fitness as a way of life.

"We are seeing a change in the culture of the Air Force," Colonel Sasser said. "Gyms are being used morning, noon and night and are packed. Units are running together. It's wonderful to see."

In the interest of fostering the positive trend, officials said they are considering the following changes to better the program.

— Award full points on the body composition component of the test if the body mass index is within a healthy range. The Air Force is adding height and weight back into the standard to accommodate Airmen unable to obtain the minimum abdominal circumference but are still at a normal weight for their height. National Institutes of Health officials define an index of less than 25 as a normal or healthy weight.

— Move the waist-circumference measurement to a controlled area for people

rated poor or marginal and are being retested to reduce inconsistencies.

— Lengthen run times for tests conducted at higher elevations.

— Retest Airmen who are rated "marginal" at 90 days instead of 180 days.

— Promote nutrition as an important aspect of education and intervention.

— Emphasize regular physical training rather than test results.

— Reinforce commanders' accountability.

A proposed change to weighing the programs components at 60-20-10-10 instead of the current 50-30-10-10 was rejected. The weighted areas, expressed in percentages, correspond to the run, waist measurement, crunches and pushups.

Two smaller changes will be made to the assessment criteria. Values for females aged 50 to 54 were not consistent with all other age categories, so officials will adjust the criteria according to American College of Sports Medicine standards. A category was also added for people older than 60.

The program changes are expected to be implemented in June, officials said. (*Courtesy of Air Force Print News*)

BLAZE TEAM Crud Tourney

(Open to all BLAZE TEAM members)

6:30 p.m.
April 8
at Hangar 4

A maximum of 32 teams with four players each may register

Cost is \$15 per team

Players can turn in sign-up sheets and entry fees to the 14th Operations Group executive office located on the second floor of Building 268. The registration deadline is 5 p.m. Wednesday.

Prizes will be awarded to first, second and third place winners, and free food and beverages will be available.

For more information, call Ext. 7156 or Ext. 3561.

